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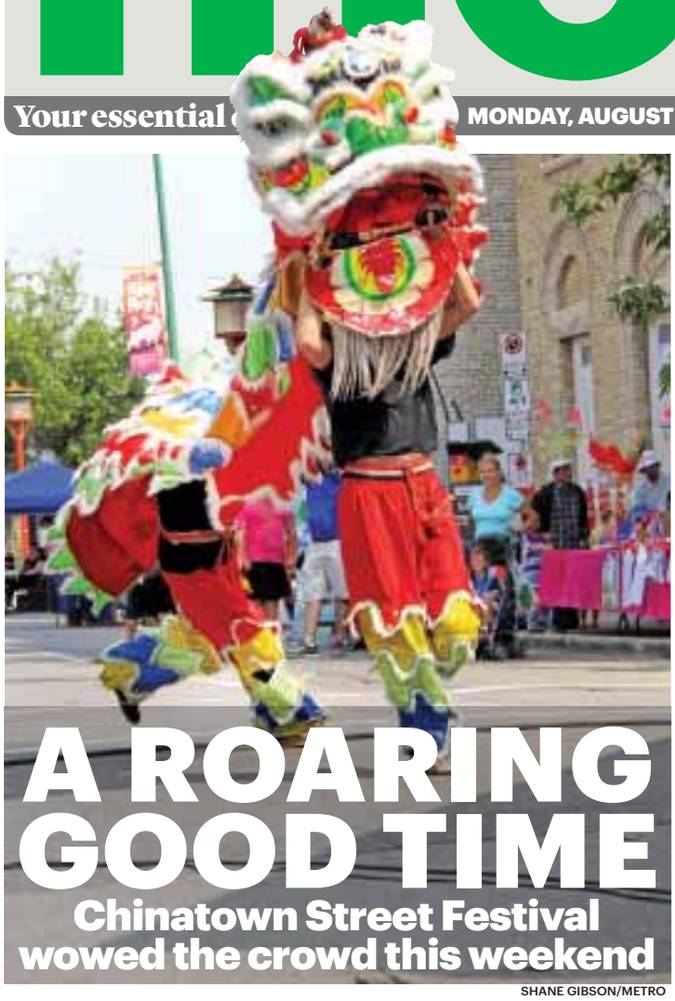

A ROARING GOOD TIME

Chinatown Street Festival wowed the crowd this weekend

SHANE GIBSON/METRO

Reuniting a man and his best friend

ANIMAL WELFARE

Fundraising effort underway for black poodle's treatment

Donna Maxwell
For Metro | Winnipeg

The Winnipeg Humane society plans to reunite a truck driver and his dog after the pair were badly burned in a fiery crash on the Perimeter Highway two weeks ago.

Snowflake, a black poodle, had to be surrendered to the Humane Society after the semi truck she was in crashed with an excavator and burst into flames Aug. 19.

The Humane Society is now fundraising the $20,000 needed for her treatment and tell Metro they'll give Snowflake back to the driver once they've both recovered.

"When she's well enough to go home, and the owner is well enough to go home, we'll reunite them," said Dr. Erika Anseeuw, director of animal health at the Humane Society, adding Snowflake's recovery could take as long as two months.

Snowflake was burned in a crash on Aug. 19. CONTRIBUTED

Passersby were able to smash into the truck to free the driver and another dog inside, but Snowflake was scared and stayed in the truck.

By the time she emerged, she was badly burned.

The semi truck driver is still recovering in hospital, and the other dog was not injured.

Nancy Schneider, an employee at a nearby business, caught Snowflake after she ran across the highway. She and other staff quickly put cold towels on her body.

When she learned the dog had been surrendered to the Humane Society and about the fundraising effort, she called to check on the dog's condition.

"They told me the cold towels helped her a lot," Schneider said.

The Save Snowflake campaign had already raised over $15,000 by Sunday night.

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metro NEWS

Your essential daily news

BitGold app to make it easier to own gold. **Business**

IN BRIEF

Winnipeg Transit robbery suspects rounded up

Winnipeg police have a second man in custody in connection to two brazen robberies on city buses earlier this summer. Investigators received similar reports from two separate women July 27 who both said they'd been sitting on a Winnipeg Transit bus that morning when two men came up and grabbed their phones out of their hands. Police released surveillance photos of the suspects taken from inside the bus Aug. 21 and tips from the public led to the arrest of Kyle James Letandre, 23, of Winnipeg, Aug. 27. After obtaining a warrant for the arrest of their second suspect, Walter Aaron Russell Bear, 20, also of Winnipeg, police said Sunday he arrested without incident Aug. 29. Bear and Letandre are both charged with two counts of robbery and two counts of failing to comply with a probation order. METRO

Winnipeg man jailed for 16 years for sexual assaults

A Winnipeg man has been sentenced to 16 years in prison for sexually assaulting his stepdaughter and for injuring two other females. The man pleaded guilty to sexual assault and other charges earlier this year. Court heard the assaults went on for years and he got her pregnant twice.

The man was arrested in September 2012 after he broke into her friend's house. THE CANADIAN PRESS

Dave Gaudreau lets the bucket at the new spray pad at 1885 Chancellor Dr. soak him on Friday morning. DAVE BAXTER/METRO

MLA gets dunked at spray pad opening

COMMUNITY

New facility heavily used so far, says councillor

Dave Baxter
Metro | Winnipeg

Less-than-perfect weather meant no kids were splashing around at the grand opening of a new splash pad in south Winnipeg, but one politician took one for the team and got all wet for the cameras.

Despite being in what looked like a rather expensive suit, St. Norbert MLA Dave Gaudreau let the bucket at the new spray pad at 1885 Chancellor Dr. soak him on Friday morning.

Coun. Janice Lukes chose to stay dry at during the opening, but the councillor for the South Winnipeg-St. Norbert Ward said she is on a mission to get more recreational facilities in the area.

"Southwest Winnipeg is the fastest-growing quadrant in the city of Winnipeg, and there is an extreme shortage of recreational facilities," said Lukes.

The spray pad, which is next to the Waverley Heights Community Club, actually opened its doors in early July and has been heavily used since opening, said Lukes.

"It's really important for this end of town and it's been used nonstop. There is just nothing in Waverly West, but yet the area keeps filling up."

Lukes said she plans to announce a few plans in the fall for more recreational facilities in Southwest Winnipeg.

Construction on the new spray pad began in 2014, and the province said they recently put $1.5 million into the construction of three new spray pads in Winnipeg.

CRASH

Truck driver charged

A Winnipeg truck driver has been charged in a four-vehicle crash that killed three teenage boys and seriously injured a flag person in east-central Saskatchewan last May.

The boys were in a car that was rear-ended by a semi-tractor trailer in a construction zone near Spalding, about 200 kilometres east of Saskatoon.

Their car was then pushed into a truck, which hit a 21-year-old flag person from British Columbia.

The truck crossed the highway and struck a construction vehicle.

The teens, who were students at Carrot River Junior Senior High School, died at the scene.

Normand Mark Joseph Lavoie, who is 28 and from Winnipeg, faces three charges of criminal negligence causing death and one count of criminal negligence causing bodily harm.

The teens who died were Justin Gaja, 14; Kristian Skalicky, 15; and Carter Stevenson, 17 — all from Carrot River.

The drivers of the truck, the construction vehicle and the semi weren't seriously hurt.

The boys were members of the Wildcats football team and had many friends.

"When you lose three young, vibrant, energetic boys like that — who are in the prime of their youth — it's very hard on the community," Carrot River Mayor Bob Gagne said at the time of the crash.

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NORWOOD BRIDGE **BODY OF FISHERMAN PULLED FROM RED RIVER** A man who fell into the Red River, while fishing Sunday morning, has died. Friends of the man called police after finding only his fishing gear on the dock underneath the Norwood Bridge where they had planned to meet him just after 11 a.m. Reports from the scene say rescuers pulled the man out of the water. He was rushed to hospital in critical condition where he later died.
SHANE GIBSON/METRO

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Twin Shadow: He's ready for Winnipeg

NIGHT RALLY

Tour features music from his latest release, entitled Eclipse

Nigel Moore
For Metro | Winnipeg

The Brooklyn-based artist and producer will bring his '80s-inspired synth-pop stylings to the West End Cultural Centre on Wednesday. MILAN ZRNIC/HANDOUT

A tour bus crash and hand surgery can't stop Twin Shadow.

On the phone recently, the Brooklyn, N.Y., artist and producer also known as George Lewis Jr., reflected on the aftermath of a devastating bus accident he was in last April.

The crash, near Denver, Colo., left some of his band and crew seriously injured. Lewis needed surgery to his right hand, forcing him to cancel his remaining tour dates.

Twin Shadow is back on the road this month with his Night Rally Tour of North America, and tells Metro the hand is good.

"It's healing but it still needs a lot of time," said Lewis.

"I play on some songs, but hired a guitar player to come out on this tour with me. It's going well; he's great and it gives me a different perspective on performing."

The new tour is in support of Eclipse, Lewis' third album of '80s inspired synth-pop.

He will stop this Wednesday at the West End Cultural Centre.

Last July, Lewis released the Night Rally mixtape, a collection of demos from 2010 to 2014. It's available as a free download and will be sold in cassette form exclusively at merchandise tables during the tour.

The 45-minute mixtape was the result of down time after the accident, said Lewis.

"I couldn't do much of anything," he said. "My hand was in a bad place and I couldn't move my fingers. I went back and listened to stuff on my own, and I decided it would be a good idea to share it with my fans."

Tickets for Wednesday's show are $22 at Ticketfly.com.

> **I couldn't do much of anything. My hand was in a bad place and I couldn't move my fingers. I went back and listened to stuff on my own, and I decided it would be a good idea to share it.**
> Twin Shadow

POLITICS

'I will not be seeking office': MP Bruinooge

Dave Baxter
Metro | Winnipeg

Conservative MP Rod Bruinooge won't be dipping his feet into provincial politics any time soon.

Bruinooge will not seek re-election in the Winnipeg South riding in the upcoming federal election, and he also has confirmed he won't run provincially.

There had been speculation that Bruinooge was eyeing a run in St. Norbert under the provincial Progressive Conservative banner, a ward currently held by NDP MLA Dave Gaudreau.

"After discussing it with my family, I have decided I will not be seeking office in the next provincial election. I look forward to supporting the Pallister team in advance of their election," said Bruinooge in a statement.

Manitoba PC leader Brian Pallister said he understood family has become a priority for Bruinooge, who has served as MP for the South Winnipeg riding since 2006.

"They have been trying to raise their children and maintain his career in Ottawa, so I expect he's weighing his family as a top priority in this decision making," said Pallister. "I had the privilege of serving with Mr. Bruinooge in Ottawa when I was a Member of Parliament there, and I consider him a friend and I wish he and his family well."

IN BRIEF

Winnipeg police charge Quebec men with fraud

Two Quebec men police say came to Winnipeg and bought thousands of dollars in electronics with phony credit cards have been charged with fraud.

According to police, the men made purchases at three stores last week, which included iPads, iPods and gift cards valued at $29,000. Employees at the stores became suspicious and called police.

Steevy Berthelot, 18, and Oussama Kansou, 25, both of Montreal, have been charged with fraud over and under $5,000, unauthorized use of credit card data, and possession of property obtained by crime. METRO

WILDLIFE

Red panda's death prompts calls to close B.C. zoo

The death of a red panda at a British Columbia zoo with a history of animal fatalities has activists calling for the facility to be shut down.

A male red panda named Rakesh died of a fungal infection at the Greater Vancouver Zoo on Aug. 17, two months after being transferred from Winnipeg as part of a program to preserve endangered species.

Rakesh, who was about 15 months old, was likely infected before leaving the Assiniboine Park Zoo, said Jody Henderson, the zoo's general manager.

She said veterinarians in Manitoba had not diagnosed Rakesh with the illness because he wasn't showing any symptoms and there was no information in his medical cards.

"This infection can lie dormant for up to six years in an animal," Henderson said. "So it's not something that's easily detectable."

Critics have cited the deaths of several animals at the Greater Vancouver Zoo in recent years as a reason for closing the Aldergrove, B.C., facility.

Four zebras died in 2009, followed by two giraffes in 2011, and a Siberian tiger died suddenly last year.

"We can see very clearly that stuff dies there prematurely, constantly," said David Isbister, an organizer with the group Liberate GVZoo Animals.

> **We can see very clearly that stuff dies there prematurely, constantly,**
> David Isbister

Isbister said he's been keeping track of deaths at the zoo for years and wants to see it shuttered.

Vancouver Humane Society spokesman Peter Fricker said the zoo has made improvements in recent years, but his organization is still against keeping animals in captivity unless there's a strong conservation reason.

THE CANADIAN PRESS

HIGHWAY 59

Alcohol a factor in multi-vehicle crash

Mounties in East St. Paul say alcohol was a factor in a four-vehicle crash on Highway 59 over the weekend that sent all occupants to hospital and closed the highway for hours.

Emergency crews were called to the crash in the northbound lane of Highway 59 near the Garven Road turnoff around 2:30 p.m. Saturday.

Police say a vehicle heading south in the northbound lane caused the crash.

Police did not say how many people were taken to hospital and there was no update on arrests or injuries Sunday.

METRO

Opposition leader Brian Pallister speaks in his office at the Manitoba Legislature on Friday. DAVE BAXTER/METRO

Pallister blasts Manitoba Hydro for service cuts

ENERGY

PC party leader derides raises for execs amid office closures

Dave Baxter
Metro | Winnipeg

Opposition leader Brian Pallister is blasting Manitoba Hydro, claiming the utility is cutting frontline services, while it gives its own senior executives healthy raises.

Manitoba Hydro cut services and closed 12 district offices to save about $1 million, while senior executive salaries increased $1.4 million between 2012 and 2014, said Pallister.

"What you have seen in recent weeks is senior people at Hydro, it has come to light, giving themselves magnificent treatment and giant raises," said Pallister, the leader of the PC Party of Manitoba.

"We're talking about well over 20 per cent, and in some cases much higher."

Cuts to services and closed offices have not led to savings for Manitoba Hydro ratepayers, said Pallister.

> **$1.4 M**
> **The increase in senior executives' salaries between 2012 and 2014, according to Pallister.**

"The savings are quite frankly less than the amount they've taken and paid their senior executives.

"So really it's false economy, don't you think?"

Pallister also said Manitoba Hydro lacked transparency in the way the utility handled the closing of 12 rural offices, because it was not up front about its plans.

"They denied they had it planned," said Pallister who added the ones who benefited from the closures were "the guys at the top of the food chain."

The Manitoba PCs said Manitobans have experienced eight rate increases under Premier Greg Selinger, and claim the NDP hydro plan will more than double hydro rates over the next two decades.

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Ottawa pushes for journalist's release

MOHAMED FAHMY

Harper under fire for taking too long to intervene

The Canadian embassy in Cairo has officially petitioned the Egyptian government to release imprisoned journalist Mohamed Fahmy, according to Fahmy's brother.

Reached in Egypt by phone, Adel Fahmy said that the Canadian ambassador to Egypt, Troy Lulashnyk, filed documents on Sunday morning to have Mohamed Fahmy either deported or pardoned.

"The ambassador has met with the (Egyptian) minister of justice today, and has also filed for deportation officially, and filed for a presidential pardon as well," Adel said.

"This is the opportune time and the most essential time for this to be done," he added.

Ottawa's decision to take a firm stance on Fahmy's release follows repeated calls from Prime Minister Stephen Harper's political opponents to take time off the campaign trail and concentrate on securing Fahmy's release from Egypt.

> **This is the most opportune time ... for this to be done.**
> Adel Fahmy

They both called on Harper once again to phone Egyptian President Abdel Fattah al-Sisi to personally demand the Al-Jazeera journalist's release.

"Very concretely, we are asking Stephen Harper to put aside the election campaign for a moment and call President al-Sisi directly and ask him to send Mr. Fahmy home," NDP Foreign Affairs Critic Paul Dewar told The Canadian Press.

Liberal Foreign Affairs Critic Marc Garneau said Harper should contact al-Sisi and "register Canada's strongest disapproval, and in fact to make it very clear that the relationship between Canada and Egypt, which has been a good one, is in jeopardy if Mr. Fahmy has to go back to jail."

An Egyptian court sentenced Fahmy to three years in prison on Saturday.

The foreign affairs critics for both the New Democrats and the Liberals lashed out at Harper for failing to intervene earlier in the case.

TORSTAR NEWS SERVICE WITH FILES FROM THE CANADIAN PRESS

Canadian Al-Jazeera English journalist Mohamed Fahmy, right, listens to his lawyer, Khaled Abou Bakr, during his retrial in a courtroom in Cairo, Egypt, in June. AMR NABIL/THE ASSOCIATED PRESS

ELECTION 2015

Mulcair's math is bad, critics contend

Conservatives and Liberals ganged up Sunday on perceived frontrunner Tom Mulcair, claiming there's a multibillion-dollar hole in the NDP leader's election platform.

The two rival parties differed on precisely how deep that hole would be and on their suspicions of what Mulcair would do to dig himself out of it, but the message was the same.

Mulcair dismissed both the Liberal and Conservative numbers as fictional and called them a sign of desperation by rivals trying to blunt the NDP's early momentum in the marathon campaign to Oct. 19.

Liberals claimed there's a $28-billion gap between Mulcair's promises of new spending and his pledge that an NDP government could balance all its budgets over a four-year term. Jason Kenney, the Conservative defence minister, estimated at least an $8-billion gap in the first year of an NDP government.

"It's something that the Conservatives are making up," Mulcair said during a campaign stop in Halifax. "I am not going to be leaving this type of debt on the backs of future generations. I'll leave that to Mr. Harper and Mr. Trudeau."

Mulcair said the Conservatives' cost estimate includes "things that have been presented long in the past" by the NDP.

"It's an attempt to distract from things that are real, like the fact that Stephen Harper has run up $150 billion in debt while he's been the prime minister of Canada," said Mulcair.

As for the Liberals' estimate of a $28 billion gap, he added: "That one by the Liberals is so fanciful that it defies description."

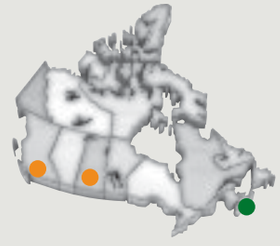
But Liberal MP John McCallum, a former economist, called on Mulcair to produce his math.

"He won't come clean about his math because the math doesn't add up. We know because we did the math for him," McCallum told a news conference.

McCallum said Mulcair would have to slash spending or break most of his promises if he's serious about balancing the budget next year.

But Kenney posited a third possibility: that Mulcair is secretly planning to impose massive tax hikes. THE CANADIAN PRESS

WHERE THE LEADERS ARE MONDAY



- **Tom Mulcair** will be in Saskatoon, Sask., and Penticton, B.C.
- **Elizabeth May** will be at a rally in Halifax.

Itineraries for Stephen Harper and Justin Trudeau were unavailable.

SCHOOLS

Quebec sex ed to be mandatory

Education on sexual matters is too important to be optional, according to Quebec's ministry of education.

The province is rolling out a new pilot project in which sex education will soon become mandatory for all students from kindergarten to the last year of high school, regardless of the religious or personal convictions of parents. No exceptions will be made.

The sexuality education pilot project, which will begin in the next few days in about 15 schools, will last two years, affect 8,200 students and could be adopted by schools across the province in 2017.

However, documents obtained by The Canadian Press, and a series of interviews conducted in recent weeks, show that approval for the program is far from unanimous.

> **Sexual education is planned for all Quebec students.**
> Pascal Ouellet, ministry of education spokesman

Months after the announcement of an upgraded sex education curriculum drew large-scale protests from parents in Ontario, the Quebec program has no lack of contentious elements, whether it's the mandatory nature of the classes, lack of training for teachers, or the absence of consultation.

And whether they like it or not, even the most reluctant parents will have to get used to the idea that their children will learn about the signs of puberty and different sexual practices just as they learn about math and conjugating verbs.

"For the moment, no exemptions are planned," said ministry of education spokesman Pascal Ouellet.

Some are wondering if the ministry took Quebec's cultural and religious diversity into account. For example, how should teachers and administrators respond when a parent opposes the program for religious reasons?

Lorraine Normand-Charbonneau, the president of the Quebec School Principals Federation, says some parents just "don't want their teen to learn about masturbation" in class.

"What will we do, take out those students?" she asked.

THE CANADIAN PRESS

BRITISH COLUMBIA

Windstorm clean-up begins

Emergency crews were working to clean up the aftermath of a vicious windstorm that tore through southwestern British Columbia on Saturday, bringing trees and branches crashing down onto power lines and cars and leaving an estimated 500,000 people without power.

BC Hydro said it could take until Monday morning to restore power to some areas.

Eighty-kilometre-an-hour winds buffeted the Lower Mainland, at one point toppling a tree onto a woman in her 40s who was walking with her daughter in Surrey. The RCMP described the woman's injuries as life-threatening.

Most of the outages occurred in the Greater Vancouver Area, and BC Hydro said as of 10 a.m. Sunday about 180,000 customers were still waiting for the power to be restored.

The area's 911 line was overwhelmed with inquiries about power outages, prompting officials to ask residents to call only in the event of emergency.

Metro Vancouver Regional District's emergency program co-ordinator Rod Tulett said the district's emergency procedures performed extremely well so far. He described Saturday's gales as the backup system's biggest test since the district was caught off-guard by a windstorm in 2006 that battered the Lower Mainland and uprooted numerous trees in Vancouver's Stanley Park.

"After the big windstorm a lot of our facilities received significant upgrades in their backup-power capability," said Tulett. "We learned from that."

The City of Vancouver reported more than a thousand weather-related calls regarding debris, damage and flooding.

"The impacts of #BCStorm2015 include downed trees and power lines, flooding, property damage and widespread loss of power to city facilities and traffic lights at major intersections," said a city news release.

The Greater Vancouver Zoo also suffered extensive damage in the storm, reported the facility's general manager Jody Henderson. Powerful winds caused a number of major fences to come down, most notably the barricade surrounding the grizzly bear enclosure.

THE CANADIAN PRESS

John Casson poses for a selfie with a photographer at the entrance to the embassy in Cairo.
MOHAMMED ASAD/THE ASSOCIATED PRESS FILE PHOTO

'Shocked' by Fahmy trial: Ambassador

FOREIGN RELATIONS

British envoy's reaction to 'free speech' case criticized

Egypt's Foreign Ministry summoned the British ambassador in Cairo on Sunday to protest comments he made after a judge sentenced three Al-Jazeera English journalists to three years prison each for reporting "false news."

The ministry said in a statement that John Casson's comments were "unacceptable interference" in the country's judiciary, and "incompatible with diplomatic norms and practices." In a post on Twitter, spokesman Ahmed Abu Zeid said Egypt "rejects any foreign criticism of judicial verdicts."

The court sentenced the Canadian Mohamed Fahmy, Australian Peter Greste and Egyptian Baher Mohammed on Saturday, reigniting international criticism over the long-running case and highlighting authorities' crackdown on free speech.

Speaking to television cameras in Arabic after the verdict, Casson said he was "shocked and concerned by the sentences," in a case that is of "profound interest to Egyptians because it has become a symbol of the basis for stability in the new Egypt."

> **I am concerned that today's ruling will undermine confidence in the basis of Egypt's stability, both in Egypt and abroad.**
> John Casson, British ambassador to Egypt

Several other foreign diplomats at the trial also condemned the verdict, but Casson may have been the only one to speak in Arabic to domestic television stations. The United States, the European Union, the United Nations and human rights advocacy groups and press freedom organizations also sharply criticized it.

Casson's comments were posted on the British Embassy's Facebook page and met with a wave of negative reaction in Arabic and English.

He also posted similar comments on Twitter, where he is one of the most widely-followed Western diplomats in Egypt, with nearly 28,000 followers.

THE ASSOCIATED PRESS

AUSTRIA

New suspect found in case of 71 deaths

A fifth man suspected of being involved in the deaths of 71 migrants found in a truck in neighbouring Austria has been detained, Hungarian police said Sunday.

The Bulgarian national was arrested on Saturday evening, a police statement said.

Police said they will seek to have him held in custody on suspicion of human trafficking, but gave no further details about him.

On Saturday, a court in the central Hungarian city of Kecskemet, where prosecutors say the truck departed, placed four other suspects under preliminary arrest pending possible indictment in the case.

Three other Bulgarians and an Afghan were arrested Thursday in southern Hungary, after the truck with the dead migrants was found earlier that day parked along the Budapest-to-Vienna highway.

Austrian experts are performing autopsies on the migrant victims — 59 men, eight women and four children.

Austrian police have said the migrants likely suffocated to death.

As of Sunday, 16 autopsies had been performed but there was no conclusive information yet on the cause of death, police spokeswoman Alexandra Hareter said. The process is expected to continue for several days.

The identity of the migrants remains unclear.

THE ASSOCIATED PRESS

IMMIGRATION

GOP candidate likes U.S. border wall idea

Wisconsin Gov. Scott Walker is putting a new twist on the topic of securing the border, a staple among the GOP candidates running for president, by pointing north. Walker said in an interview that aired Sunday that building a wall along the country's northern border with Canada is a legitimate issue that merits further review.

Wisconsin Gov. Scott Walker
CHARLIE NEIBERGALL/THE ASSOCIATED PRESS

Republican candidates for president have often taken a get-tough approach on deterring illegal immigration, but they usually focus on the border with Mexico. Walker was asked Sunday morning on NBC's "Meet the Press" whether he wanted to build a wall on the northern border, too. Walker said some people in New Hampshire have asked the campaign about the topic.

"They raised some very legitimate concerns, including some law enforcement folks that brought that up to me at one of our town hall meetings about a week and a half ago. So that is a legitimate issue for us to look at," Walker said.

The U.S.-Canada boundary is the longest international border in the world at 5,525 miles long.

THE ASSOCIATED PRESS

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LIQUEFIED NATURAL GAS

Expert warns of fracking quakes

If the liquefied natural gas industry proceeds as the British Columbia government hopes, there could be five times as many fracking-caused earthquakes, warns one expert.

In order to meet the province's highest estimate of five terminals delivering 82 million tonnes of LNG a year, drilling would have to increase five-fold by 2020 — up to 2,100 wells per year, said David Hughes, a geoscientist who worked for the Geological Survey of Canada for 32 years.

But the company that would provide gas to a LNG terminal — the same company found responsible for a 4.4 magnitude tremor last year — claims it won't ramp up drilling. Progress Energy said it doesn't need to increase the number of wells it drills each year to supply Pacific NorthWest LNG's terminal near Prince Rupert.

THE CANADIAN PRESS

BitGold builds app to link buyers to bullion dealers

INVESTING

Software lets users transfer holdings' value to credit card

Want to buy gold as a savings alternative? Well, you guessed it: there's an app for that.

Josh Crumb, co-founder of BitGold, says he created the software that automatically links buyers to bullion dealers and storage companies because he wanted to make it easier for people to own gold as a hedge against inflation and as a store of value.

"It's just so much easier, like everything else, to do it from your mobile phone," said Crumb.

The system charges a one per cent fee to exchange cash into gold and back but storage is free. It also allows users to transfer their gold value to a prepaid credit card, so they can actually buy a cup of coffee with their gold holdings, said Crumb.

Josh Crumb, co-founder of the Toronto-based company, says the inspiration for their project came from seeing the possibilities of Bitcoin. COURTESY BITGOLD

"It gives the ability without having to go to coin shops and shave off some flakes of gold to buy something."

Crumb said he and co-founder Roy Sebag were inspired by the possibilities of Bitcoin, which allows global financial transactions without going through banking systems.

Like Bitcoin, BitGold allows free transfers between users, including an international money-transfer option that is in the works. But the key difference, says Crumb, is that Bitcoin will never be a store of value while gold already is.

"We said, let's do everything Bitcoin is promising to do, but let's actually be able to do it by having a real currency."

The Toronto-based company began offering its service to the public in May and had already racked up more than 168,000 global users by the end of July, with about $7 million in transactions.

Crumb said the system should be popular with the fringe gold bugs who foresee the imminent collapse of the U.S. dollar and a rise in gold, but he wants to appeal to a wider base who will use it as a form of savings account.

"You don't buy gold to get rich like you're buying Apple Stock, you buy gold to protect your savings."

Most BitGold customers are in their forties or older, said Crumb, but he is seeing younger buyers who have never bought gold before.

"We are expanding the market because we're taking so much friction out of it."

But many financial advisers disagree that gold should be considered a prudent place to store wealth.

THE CANADIAN PRESS

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metro VIEWS

Olé? No way: Spain's "summer of blood" — 8 humans dead from bull running so far — has many wondering if the sport's risks outweigh its entertainment and tourism value.

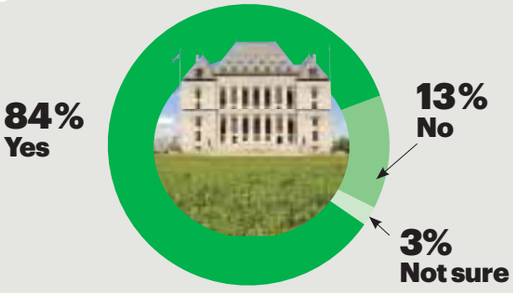
Metro MONDAY POLL

Life-and-death decisions

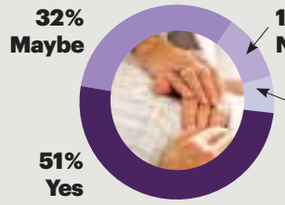
Visit metronews.ca **every Friday to have your say.**

The Supreme Court has ruled Canadians with "grievous and irremediable" medical conditions have the right to ask a doctor to help them die — and now doctors are deciding how they will answer that question. With no guarantee of federal legislation by the court's deadline of Feb. 6, 2016, the Canadian Medical Association met last week to discuss this legal, ethical and medical minefield. They've resolved that no doctor will have to do the procedure, but that it must be accessible for patients who qualify. While many of those facing painful and fatal illness such as Huntington's or ALS welcome the right to die when they choose, other people worry that the very ill and elderly will be pressured to go before their time. We asked our readers what they think.

1 Do you agree with the Supreme Court's decision?



2 Would you ever consider assisted suicide?



3 Have you told your family or friends what to do if you're too ill to communicate your wishes?

43% I don't have anything formal, but my loved ones know what I want.
25% I've left clear written instructions/a living will.
21% I've been putting off that conversation, but I know it's important.
11% I haven't told anyone what end-of-life care I want, but I'm not concerned about it.

For once, I mean this: Think of the children

INSIDE THE PERIMETER

Shannon VanRaes

Behind the quaint brick and beyond the colourful lettering, something sinister is lurking at the Manitoba Children's Museum:

Advertising.

Not just any advertising, but a calculated attempt to instil brand loyalty in even the youngest visitors. No doubt the so-called exhibit also hopes to stir nostalgia in the parents of those visitors, generating sales in the process.

Hands-on Harley-Davidson — billed by the Children's Museum as an "educational travelling exhibition" — was launched this spring and wraps up in a couple weeks.

The problem is that if this museum installation is teaching kids anything, it's how to purchase Harley-Davidson motorcycles.

Seriously, the exhibit actually includes a pretend Harley-Davidson dealership where kids can go, browse, check out the pretend service department and even visit something called "Build-It Bay."

This, from the museum's website: "Amazing kid-sized motorcycles inspired by a real Harley-Davidson® Road King® let you build your dream ride using interchangeable custom motor parts and accessories, including seats, mirrors, tail pipes and engine components."

Hear that, kiddos? You can choose accessories!

Sure there is an educational veneer to the whole thing, with maps and the occasional math problem thrown in, but at the end of the day it's really one big opportunistic marketing ploy.

Kids have enough to contend with when it comes to reading and understanding the media landscape, without having a trusted institution — an institution that should help them make sense of the world around them — muddying the waters.

Kids need allies when it comes to navigating the commercial world, and in this case the Manitoba Children's Museum has not just fallen short, it has actively worked to misinform children by presenting advertising to them in the guise of education.

Not surprisingly, the exhibit's national sponsor is Harley-Davidson. Harley-Davidson Winnipeg is one of the local sponsors.

Which begs another question. How much should organizations like museums need to rely on corporate sponsorship? Many Winnipeg museums have seen their budgets cut in recent years, opening the door to sponsored exhibits that blur the line between advertising and independent content.

Something sinister is lurking at the Manitoba Children's Museum: Advertising.

It is a slippery slope, greased by diminishing public dollars.

And for once, I can write this without a hint of irony or sarcasm: Won't someone please think of the children? It's difficult for adults to decipher the world of marketing, let alone for kids to do so.

Shannon VanRaes is a Winnipeg-based journalist and photojournalist who spends her days contributing to the Manitoba Co-operator and her nights covering urban affairs.

metroview

Why does picking my battles make me feel like I've lost the war?

Matt LaForge
Metro | Toronto

We all want to make social progress, and most of us are even willing to fight for it.

One reason we don't is that picking battles is almost as hard as fighting them.

I thought of this on Saturday at the Jays game in Toronto, where I found myself watching six police officers violently subdue a fan.

I was buying a shirt when I looked to my left and saw the police hustle a sandy-haired, ropey-muscled lad out of a bathroom and into the exit tunnel. He flailed and cursed. A none-too-rare tableau at pro-sports venues — a routine collaring of a Rowdy Dude. An instant's distraction, nothing more.

I was returning to my seat and forgetting about the whole thing when, seconds later, I heard more yelling, turned around and saw the guy right behind me with half a dozen uniforms in hot pursuit. He'd bolted. The cops tackled him into a prone position, knees to his back, arms pressed against his neck. "Stop resisting!" "I'm not f—cking resisting!" Additional ambient cursing, sources unknown. A minute-long struggle.

One of the poor guy's outraged friends started shooting video of this second phase of the encounter. In a fit of mild civic righteousness, I followed suit. Predictably, backs stiffened. To record police is, as far as some are concerned, to impugn police. A middle-aged man standing nearby didn't appreciate what I was doing and told me so. In response, I ad libbed something about people behaving better when they know they're being watched.

Pretty big talk. You'd have thought I was shooting the Rodney King video. Not exactly. A few salient details I haven't yet mentioned: The perp, who was white, had evidently been grabbed at a vulnerable moment — his belt was undone and his unfastened pants were riding low around his thighs; one of shoes was missing; and when he was back on his feet, he yelled, "All this because of an e-cigarette, are you kidding me? You guys are f—ed!"

Seems he'd been vaping in the men's room. This was Trailer Park Boys stuff. This was the tragedy of King — and Eric Garner, Samuel DuBose and Jermaine Carby — repeating itself as low-stakes farce, with posturing and overreaction on all sides: The cops threw a hockey team's worth of personnel and aggression at a clandestine e-smoker; we bystanders with iPhone cameras rolling got too full of ourselves; the police apologists in the vicinity turned a blind eye to pain in the name of public order; and the vaper himself acted like a political prisoner.

I spent the rest of the game feeling the shame of the busybody. It's the kind of shame that advises against future involvement in other people's business. And its lasting effect is that, when something actually important happens, nothing important might be done about it.

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Parents not aware of e-cig dangers, study says

Megan Haynes
For Metro Canada

LIFE OUT OF ORDER

Millennials are not following the traditional path toward adulthood, but in their wayward march they may be redefining what a successful life looks like

Cherisse Feldberg, 31, still imagines her wedding day. She wants a mermaid-style dress, her bridesmaids will wear red and it'll be a small affair — a crowd that can fit comfortably in her backyard.

It's been almost six years since she got engaged, and the wedding seems increasingly out of reach.

First, her fiancé's father got sick, then they inherited the house (and the debt) in Golden, B.C., which meant pushing off the wedding for a year. Then she had a baby, and the ceremony got bumped again. And then another baby, and again, another delay. She says she wasn't financially prepared for the turn of events.

Feldberg is part of a growing cohort of millennials opting to undertake so-called markers of adulthood out of order.

A new study by TD found 52 per cent of millennials are on track to complete their life goals — but not according to their plan. And many are facing unexpected costs as a result.

One of the issues is millennials are still saving for these big expenses as though they were going to go about it in the traditional order (that is graduate, move out and gain financial independence, get married, buy a home, have a kid), says Lee Bennett, senior vice-president of TD's wealth and financial planning group.

"It's not that they have less money, they just have less time to put money away," says Bennett. What's more, many underestimate the cost of these life events, Bennett says.

For example, raising a child can run $13,000 a year, according to one estimate from MoneySense magazine. And as of July 2015, the average price of a Canadian home stands at $437,135, (up from about $150,00 in 2000).

Even the cost of education is rising — the Canadian Centre for Policy Alternatives found tuition has nearly tripled over the past 20 years, with average student debt hovering in the mid- to high-$20,000 range.

And millennials' salaries haven't kept pace, increasing only $1,000 (adjusted for inflation) when compared to their parents' generation 30 years prior, according to a 2014 study by BMO.

The recession hasn't helped, either: unemployment levels among 15- to 24-year-olds has hovered around 13 per cent since the 2008 financial meltdown. That statistic doesn't take into account youth underemployment (taking jobs for which they are overqualified), which is an estimated 27 per cent. And keeping up with everyday expenses means it can be even more difficult to save for the next stage.

"The transition (to adulthood) has been stretched over time to the point where it isn't fully happening."
Johanna Faigelman, cultural anthropologist

Feldberg says this is exactly what happened to her.

"There's too many reasons to keep putting the wedding off," she says. "It would have been easier to do it in (2009) when there was no house, no kids. Now there are other priorities — we needed a new kitchen, the kids have to go on a family holiday. A wedding takes last place to everything else."

That's not to say millennials are moping about the unexpected turn of events, says Johanna Faigelman, a cultural anthropologist who studies this cohort extensively as the president of marketing research firm Human Branding.

Adulthood, she says, is a social construct: the transition from frivolous, happiness-seeking teenager to grownup contributing member of society.

"But the transition has been stretched over time to the point where it isn't fully happening," says Faigelman.

As of 2011, 42 per cent of people in their 20s lived with their parents, compared to 27 per cent in 1981. And millennials are putting off marriage as well. In 2008, the average age of newlyweds was 30 compared to 23 in 1972, according to Statistics Canada.

Yet, delaying adulthood is not necessarily by choice. One study by the Pew Research Center found one-third of millennials want to get married or have a baby, but are putting it off for financial reasons. Half of the people surveyed said they work jobs that don't appeal to them in order to pay the bills.

Psychology professor Jeffrey Arnett at Clark University in Worcester, Mass. has said changes in society (such as the need for more education, fewer entry-level jobs and a delay in having children in favour of focusing on careers) have created a new stage called "emerging adulthood."

"'Adulthood' was the end of all the foolish things like living your dream, pursuing your happiness. It meant that corner office, white picket fence and two-point-five kids," Faigelman says. But, she adds, millennials don't want financial obligations like mortgages to stop their pursuit of happiness.

Arnett's research backs that up, and while "emerging adults" tend to feel psychological instability and a sense of being "in-between," there is also a focus on identity exploration and a sense of what's possible.

One 2012 study by the Pew Research Center found 89 per cent of millennials aren't worried about being able to afford the life they want.

Faigelman reasons this is because millennials are shifting their definitions of what they want in life; what makes for a "successful" adulthood.

"(Millennials) might see the value in owning a house, but (say) 'Maybe it's not for me, I'd rather pay for experiences and travel, and have that enrich my life,'" she says.

Rather than focus on the house or wedding they wanted, but can't afford, this cohort has adapted taking the unplanned events and making them markers of success, she says.

"I still want the wedding dress, the first dance and that memory," says Feldberg of her far-off wedding. "But our priorities are saving up for a bigger home, and saving for our kids' school fund, so they can do whatever they want — that's what matters."

$ SAVINGS PLAN

Expecting the unexpected

• Bennett says it's never too early to start saving and no dollar amount it too small. "Even $25 is a good amount," she says.

• Have a plan on how to save for the next life event, she says. While a couple may intend to get married first, if that dream house comes up, at least there is some money in the bank should they want to pounce.

• This means constantly re-evaluating plans, she adds. As soon as people start realizing their life plan is shifting, it's time to revisit their savings goals. "It's not a once-and-done," she says.

MEGAN HAYNES/FOR METRO

Rudeness may be contagious

STUDY

Like the common cold, disrespect spreads

OFFICE RELATIONS
Eleni Deacon

When a colleague is popping COLD-FX and filling their garbage with snotty Kleenex, you'll probably try to steer clear of their desk.

And while they might interpret your aloofness as rudeness, you might consider in-your-face sneezing to be impolite, as well. But what if germs weren't the only contagious workplace threats? According to a new study, rudeness itself is catching.

In a recent article from the Journal of Applied Psychology, researchers from the University of Florida tracked 90 students as they practised negotiation with different partners. Their findings: When a student perceived one partner as rude, they themselves were far more likely to be considered rude by a subsequent partner.

Like a microbe jumping from one sinus-clogged co-worker to the next, disrespect spreads.

This discovery suggests it could be worthwhile to rethink how we understand and respond to rude colleagues. According to the study's researchers, rudeness is transmitted subconsciously. When a workmate dishes a passive-aggressive comment about the smell of your lunch, you don't make an intentional decision to shoot down everyone's ideas in your afternoon meeting — it just happens, due to automatic mechanisms in your brain. And while we can't control our subconscious, we can approach rudeness with new awareness.

When faced with a snide remark or standoffish greeting, it's normal to focus on the perpetrator. Rather than fixating on how to zap your offender's bad vibes, however, consider how to harness your own. It's possible to develop strong personal guidelines for how you want to treat and speak to your colleagues, returning to these standards whenever you encounter snippy or aggressive conduct.

Even when you're having a particularly grouchy day, you can engage specific actions that are simple to adopt such as a neutral tone of voice, an open posture, and a not-scowling facial expression.

It's not just emotionally unpleasant to be on the receiving end of rudeness — it can put a dent in your efficiency. Though eye rolls can be satisfying, committing to cordiality is a more effective to way to maintain productivity by preventing rudeness from taking root. You might even discover that politeness is contagious, too.

Like a microbe jumping from one sinus-clogged coworker to the next, disrespect in the workplace spreads, according to a new study in the Journal of Applied Psychology. ISTOCK

BOOKS

Love is nice, but so's a paycheque

Raquel Laneri
Metro in New York

Listen to enough TED talks or commencement speeches, and you'll think that you should love your job and anything less is selling yourself short.

But Miya Tokumitsu wants to push back against this mantra.

"As someone with one foot in academia and the other in the arts, I would hear lots of things like, 'Oh, we're not in it for the money,' or, 'Well, you shouldn't expect to get a decent-paying job right away,'" says the Jacobin magazine contributor and art history PhD. "I think those kinds of exploitative messages come from this idea of 'Do what you love.' And they're not only unrealistic; they're also harmful."

Tokumitsu, who teaches history at the University of Melbourne, has written a book on the subject called Do What You Love: And Other Lies About Success and Happiness. So, what does she tell her starry-eyed undergrads when they want career advice? We asked her.

There's nothing wrong with working for money

Tokumitsu's main problem with the 'Do what you love' mantra is that it treats people who take jobs because they need to pay rent or feed their family as somewhat inferior. And, since pursuing a college education nowadays virtually guarantees you'll be saddled with enormous debt, graduates — except for the privileged few — can't afford to be too precious about their jobs.

Author Miya Tokumitsu says a 'Do what you love' mantra can be harmful.

"The plain fact is in the current world in which we live, you need to earn wages to meet your basic needs, and that is the primary reason why people work," Tokumitsu says.

Let your work serve you

In fact, there are other ways to derive pleasure from work without it coming from what you actually do in your 9-to-whenever. "You can get satisfaction just from knowing you can take care of yourself and take care of others, or that your job allows you the means to do other things you love, like spending time with your loved ones," says Tokumitsu.

Love takes time

There's nothing wrong with pursuing your interests — or a career that you think you'll find fulfilling. But, the idea that you're going to fall in love with your job on Day 1 is just unrealistic.

"The main thing I would say to a 22- or 23-year-old is that love takes time," says Tokumitsu. "And that kind of pleasure from work can exist, but I feel like it comes a little bit later, after you've gained some experience, after you've made some mistakes and you've gained some skills. Don't say, after six months, 'Ugh, this stinks.'"

It's not all about you

When applying for — or settling on — a job, sometimes there are more important factors than just the amount of pleasure you'll personally get from it. "Think of the work you're doing not so much as something that's for you and for your pleasure but as a contribution that you're making to society," advises Tokumitsu.

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5 THINGS TO WATCH FOR IN THE ECONOMY

Did Canada fall into a recession? That question has been the source of heated discussion in recent months. Here are five things to watch for in the news this week that might help shed light on the situation.

THE CANADIAN PRESS/TORSTAR NEWS SERVICE

1 THE GDP

On Tuesday, Statistics Canada will announce the gross domestic product for the second quarter of this year. A recession is defined as two consecutive quarters of negative growth. Some economists say Canada likely met the technical definition of a recession but without some of the classic hallmarks of a severe downturn.

2 ALBERTA FISCAL UPDATE

A financial report from Alberta on Monday should offer a glimpse into how the provincial government has been faring amid low crude prices. Finance Minister Joe Ceci will be expected to address how the NDP government plans to regain its fiscal footing. "You can't call it a Canadian recession. You can call it an Alberta recession," said Bank of Montreal senior economist Robert Kavcic. "There's still 75 per cent of the Canadian economy that's not tied to the energy sector geographically."

3 CONVENIENCE STORE GIANT

Quebec-based convenience store operator Alimentation Couche-Tard will report its first-quarter results on Tuesday. In July, the owner of Mac's and Couche-Tarde stores said its U.S. operation — where it operates mostly as Circle K — had its best quarterly performance since the financial crisis of 2008.

4 SEARS CANADA EARNINGS

The Toronto-based retailer reports it second-quarter earnings Wednesday. Things haven't looked bright for the department store chain, which posted a $59.1 million loss in the previous quarter. The company is also on the search for a new CEO after the departure of Ronald Boire — the third to leave the job suddenly in two years.

5 JOBS

Many will be watching when Statistics Canada releases the jobs figures for August on Friday, particularly as they come in a federal election campaign where the economy has been a central issue. The country's unemployment rate has been stuck at 6.8 per cent for six months, so observers will be looking out for any signs of movement.

6.8%
UNEMPLOYMENT RATE

EDUCATION

Can you get rid of student loans by declaring bankruptcy?

I have such fond memories of that glorious stretch of days when bar tabs and restaurant receipts were no obstacle. I'm referring of course to the beginning of the school year, when summer job money hadn't yet evaporated and then the glorious lump-sum student loan cash would fall from the heavens. Of course, those fond daydreams can quickly become nightmares if student loan debt isn't taken care of properly.

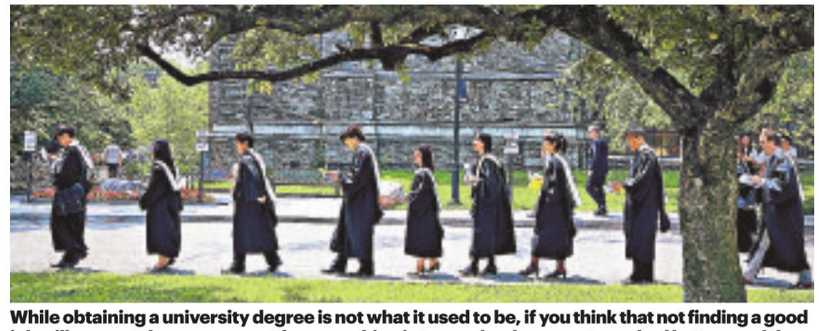
Even as financially illiterate as I was, I remember being shocked at the number of students who weren't really sure what a student loan was, other than a way to get money into their bank account. They didn't totally know if they ever had to pay it back, and since seemingly everyone was getting one, they couldn't be that bad, right?

Many of us are now finding out that it can definitely be that bad. As students head back to campuses across Canada, there is no shortage of factual evidence that young Canadians are piling on debt like never before. This is bad news for them, and it could be bad news for their lender — you and me.

That's right: If you pay taxes in Canada, you're helping to lend money to students for post-secondary school, and who are deemed to need the loan.

Because the government knows we might get a little testy if our tax dollars aren't paid back, (we're already directly footing the bill for a large part of every university and college's budget, after all) it's pretty adamant that once you reach the light at the end of the tunnel and get your cap and gown, you need to jump right into your professional career and start repaying your debt.

The obvious problem is that the assumed career pot of gold at the end of post-secondary rainbow appears to be getting more and more elusive. But if you think not finding a good job will prevent the government from reaching into your bank account, you better read the fine print.



While obtaining a university degree is not what it used to be, if you think that not finding a good job will prevent the government from reaching into your bank account, you had better read the fine print. ISTOCK

$ IN BRIEF

- Student loan debt is rarely forgiven and is harder to get rid of than almost any other type of debt.
- The government will go to great lengths to make sure it gets paid.
- Trying to claim "hardship" status as a means of getting out of student debt is extremely difficult.

Student loan debt is one of the most difficult financial situations to get out of. Companies can use all sorts of fancy bankruptcy options to fold, restructure, or otherwise hold creditors at bay. Even credit card debt and car loans can be forgiven in a less-than-ideal scenario when someone declares personal bankruptcy.

Student debt is like that D on your transcript from that first-year course you never woke up for: It will stay with you forever. Declaring bankruptcy won't erase the debt, and the earliest most people can go about getting their student debt forgiven is seven years after they graduate.

Only in very selective cases of "hardship" (an extremely difficult status to attain) will that seven-year period be shortened to five years. Even after the seven-year mark, declaring bankruptcy, selling all of your possessions, and begging to be given a fresh start doesn't always result in a clean slate. Governments can garnish your tax returns while penalizing you in other ways.

Tokyo won the Little League World Series, overcoming an eight-run deficit to beat Lewisbury 18-11

Jays crush eye of the Tigers

MLB

AL East leaders have 'feel of a championship team' this year

When Mark Buehrle won a World Series with the Chicago White Sox in 2005, he constantly felt like no matter the deficit they would win the game. The 2015 Toronto Blue Jays are similar, only with a super-sized offence.

"Here, shoot, if we don't score eight runs, we had a bad day," Buehrle said after a 9-2 win against the Detroit Tigers on Sunday afternoon at Rogers Centre. "We're confident. We're coming to the field every day thinking we're going to win."

The Blue Jays have reason to feel that way. After sweeping the Tigers, they're 21-5 in August and lead the American League East by 1-1/2 games over the New York Yankees.

On Sunday, Toronto provided everything that has become commonplace since a flurry of pre-trade-deadline moves: an offensive onslaught, strong pitching and reliable defence in front of a sellout crowd. Russell Martin and Kevin Pillar each hit a two-run home run, Josh Donaldson and Edwin Encarnacion each had a solo shot, and the Blue Jays added to their major-league best run production.

"If this isn't the feel of a championship team, I don't know what is," Martin said. "I feel like we're great offensively, we're great on defence, we're pitching great, our bullpen has depth. I like what we have going right now."

Kevin Pillar, left, Ben Revere, Jose Bautista and Troy Tulowitzki celebrate Sunday's win at the Rogers Centre.
COLE BURSTON/TORSTAR NEWS SERVICE

SUNDAY In Toronto

BLUE JAYS	TIGERS
9	2

It's hard not to like what the Blue Jays have going. They've been dominant in the month since acquiring shortstop Troy Tulowitzki, ace David Price, outfielder Ben Revere and relievers La Troy Hawkins and Mark Lowe. Confidence is at an all-time high, something manager John Gibbons credits those trades for.

"With the trades: Tulowitzki, Price, Hawkins, Lowe, Revere, (infielder Cliff) Pennington, we just took off after they happened," Gibbons said. "I don't know how it could but the addition of those guys that has pushed us to this point. It gave everybody a shot in the arm."

While Tulowitzki has struggled at the plate, his defence remains a major upgrade over Jose Reyes. Tulowitzki doubled Sunday after Gibbons moved him down from the leadoff spot to fifth in the order. Revere went 0-for-4 with a walk in the No. 1 hole, but that didn't stunt the Blue Jays' production at all.

In a lineup that has become a modern-day murderer's row, Encarnacion continued his torrid hitting by going 2-for-3 with his 30th home run of the season. He extended his hitting streak to 25 games and is three short of Shawn Green's franchise record set in 1999.

Encarnacion is hitting .409 with 11 home runs and 35 RBIs in that time. His first-inning home run gave him 35 RBIs in August, setting a Blue Jays record for any month, and he has an extra-base hit in eight straight games.
THE CANADIAN PRESS

Edwin Encarnacion's 35 RBIs in August set a franchise record for any month.
CHRIS YOUNG/ THE CANADIAN PRESS

GOLDEYES

Fish end 3-game losing streak

Brad Boyer's game-winning walk-off single in the bottom of the ninth completed the comeback, snapping the Winnipeg Goldeyes' losing skid to beat the Fargo-Moorhead RedHawks 3-2 Sunday afternoon at Shaw Park.

"It's something I've always, I like to say, thrived on coming up in a situation like that," said Boyer, while several teammates jokingly danced around him in the Goldeyes locker-room. "I was able to capitalize on that. I was going up there competing as much as I could. With two strikes I was just looking for something to battle."

The Fish took an early 1-0 lead with an Adam Heisler RBI on a fielder's choice that cashed in Casio Grider. Fargo scored single runs on back-to-back doubles in the fourth and three-consecutive singles in the fifth to move ahead 2-1.

Winnipeg starter Matt Jackson tossed eight complete in the no-decision but kept the Goldeyes within striking distance, while closer Brendan Lafferty earned the win with two strikeouts in the ninth.

With eight games to play, Winnipeg's (43-49) playoff hopes are down to a mathematical sliver. A Laredo win Sunday evening would have officially eliminated the Fish from postseason contention for only the third time in their past 10 seasons. DARRIN BAUMING/FOR METRO

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GOLF

Win at The Barclays all in a Day's work

Jason Day powered and putted his way to another blowout against a world-class field Sunday at The Barclays.

Fresh off his first major at the PGA Championship, Day pulled away early and poured it on with three long birdie putts on the back nine at Plainfield. A birdie on the closing hole gave him an 8-under 62 for a six-shot victory over Henrik Stenson.

Day closed with a 63-62 weekend and finished at 19-under 261. He won two weeks ago by three shots over Jordan Spieth with a record to par at 20-under 268.

The victory moves the 27-year-old Australian to the top of the FedEx Cup after the opening playoff event, assuring that Day will be among the top five who have a clear shot at the $10 million bonus at the Tour Championship.

More compelling is another race for No. 1.

With his second straight victory, and fourth of the year, Day remains at No. 3 in the world but now enters the picture with Spieth and Rory McIlroy for golf supremacy. All three will have a mathematical chance to get to No. 1 at the Deutsche Bank Championship next week at the TPC Boston.

"It's been a special summer for me, and it's not over," Day said. "To be able to play the way I did over the weekend is fantastic. Today was just phenomenal golf."

THE ASSOCIATED PRESS

TRACK AND FIELD

High jump gold for determined Drouin

In the days leading up to the world track and field championships, Derek Drouin played the words over and over in his head, like a song on repeat: You can win this. And when the competition got tense Sunday night, and seemingly the entire Bird's Nest stadium was pulling for Chinese hero Zhang Guowei, Drouin said them again.

The 25-year-old from Corunna, Ont., was true to his word, winning gold in high jump at the world championships with a quiet confidence that ran through virtually every member of this young and talented Canadian team.

"I definitely was telling myself that if there was ever an opportunity this was it," Drouin said.

"And when it finally happened, it was just a relief."

The medal was No. 8 for the Canadian team to cap a thrilling best-ever showing.

Derek Drouin celebrates his gold. THE ASSOCIATED PRESS

"We came here to kick ass," said Athletics Canada head coach Peter Eriksson. "We kicked ass."

Canada's previous best performance was five medals two years ago in Moscow, Russia. The Canadians had never won two gold — Canada's other one this week came from pole vaulter Shawn Barber.

THE CANADIAN PRESS

IN BRIEF

Dixon perseveres to snatch IndyCar title from long-time leader Montoya

Scott Dixon captured a fourth IndyCar championship by winning the season finale Sunday to snatch the title from Juan Pablo Montoya.

Montoya led the points from the season-opening race right until the final lap Sunday. But he finished the race in sixth, which allowed Dixon to tie him in the standings. Dixon was awarded the title based on wins; Sonoma Raceway was his third victory, while Montoya had only two. THE ASSOCIATED PRESS

Texans' QB trio shine to sink Saints in pre-season clash

Brian Hoyer led scoring drives on two of his first three series since being named Houston's starting quarterback, and the Texans went on to a 27-13 pre-season victory over the New Orleans Saints on Sunday.

All three Texans quarterbacks led scoring drives. Ryan Mallett, who was upset this week upon learning he'd be the backup, threw a 6-yard touchdown pass to Jaelen Strong. In the fourth quarter, Tom Savage hit Chandler Worthy for an easy score. THE ASSOCIATED PRESS

Johnson takes chance and runs Riders ragged

CFL

Kevon Walker replacement rushes to three touchdowns

Jeremiah Johnson took full advantage when opportunity came calling.

Johnson scored three rushing touchdowns as the Redblacks downed the Saskatchewan Roughriders 35-13 on Sunday, three days after Ottawa released international running back Chevon Walker.

Johnson replaced Walker in the starting lineup.

"I did what I was supposed to do. This is nothing different for me," said Johnson, who has now doubled his number of rushing touchdowns this season to six. "The organization gave me an opportunity and I'm ecstatic with my performance.

"Those guys up front did a tremendous job. They went out there and hit everybody in the mouth and I just made the necessary plays to make things happen."

The Roughriders, who had their second lowest point total in a game this season, fell to 0-9. They scored just five points in a 35-5 loss to the Edmonton Eskimos on July 31.

After a tight first half that had Ottawa (5-4) in front 14-10, the game took a huge turn in favour of the Redblacks over a span of three minutes and 44 seconds from the end of the third quarter and into the fourth.

Ottawa scored 21 points in that span to take a 35-10 lead and control of the game.

Jeremiah Johnson gets acquainted with Redblacks fans on Sunday at TD Place Stadium.
JUSTIN TANG/THE CANADIAN PRESS

SUNDAY In Ottawa

REDBLACKS	RIDERS
35	13

It started with 3:09 to play in the third quarter when Johnson scored a one-yard touchdown run that once converted by Chris Milo, gave the Redblacks a 21-10 lead.

On the ensuing series, Ottawa recovered a Saskatchewan fumble and Johnson scampered in from 36 yards out on the next play for another score and a 28-10 lead.

Another Riders' fumble late in the third quarter was converted into points on a one-yard run from Ottawa quarterback Henry Burris 35 seconds into the fourth quarter.

Milo then converted his fifth touchdown of the day and the Redblacks were cruising with a 35-10 lead.

Paul McCallum kicked a 28-yard field goal with less than seven minutes to play, cutting the Saskatchewan deficit to 35-13.

THE CANADIAN PRESS

CFL

Below-par Bombers hit Calgary's Wall

Jamar Wall provided the spark the Calgary Stampeders were looking for in a 36-8 rout of the Winnipeg Blue Bombers on Saturday. Ahead 8-3 at halftime, Wall intercepted Blue Bombers quarterback Robert Marve and ran 29 yards for a touchdown at 1:10 of the third quarter.

"That was the play," said Calgary quarterback Bo Levi Mitchell, who was 19-of-26 for 314 yards, two touchdowns and one interception. "You come out in the second half, you're looking for good field position. The defence did a great job picking us up right there at the beginning of the second half with a pick six. It let us go out there and play freely."

Stampeders backup quarterback Bryant Moniz scored on a two-yard run four minutes later and a two-point convert stretched the lead to 23-3.

Calgary's fourth straight victory improved its record to 7-2, while the Bombers lost their third straight game and fell to 3-6. "I had a key on the quarterback," said Wall. "I trusted it and took advantage of it. It was a game-changer right out of the half. A momentum-shifter.

> **"It was a frustrating day at work.**
> Bombers QB Robert Marve

"We just kept the foot on the pedal. We believe that we can cover anyone. We believe our D-line can beat anyone."

Marve completed 12-of-20 pass attempts for 94 yards with two interceptions and no touchdowns in his second pro start. He was replaced by Brian Brohm with eight minutes left in the game.

"It was a frustrating day at work," said Marve, who was sacked five times.

He cited a lack of "explosion plays" and no rhythm as the reason for the offence's poor showing. Winnipeg's offence managed just 136 net yards. An interception by Calgary's Keon Raymond led to a seven-yard TD run by Tory Harrison. It was the Stampeders' second touchdown off a Winnipeg turnover in front of a 27,148 crowd at Investors Group Field. THE CANADIAN PRESS

RECIPE Steak Sandwiches with Sautéed Onions, Peppers and Avocado Mash

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
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Ready in
Prep time: 15 minutes
Cook time: 15 minutes
Serves 4

Ingredients
- 12 oz lean steak such as flank or top sirloin
- 2 tsp vegetable oil
- 2 cups sliced onions
- 1 tsp minced garlic
- 1 cup sliced yellow bell pepper
- 1 cup sliced red bell pepper
- 2 Tbsp chopped cilantro or basil
- 1 medium ripe avocado diced
- 2 Tbsp light mayonnaise
- Pinch of salt
- 4 sandwich rolls or baguettes, cut into 3 oz portions

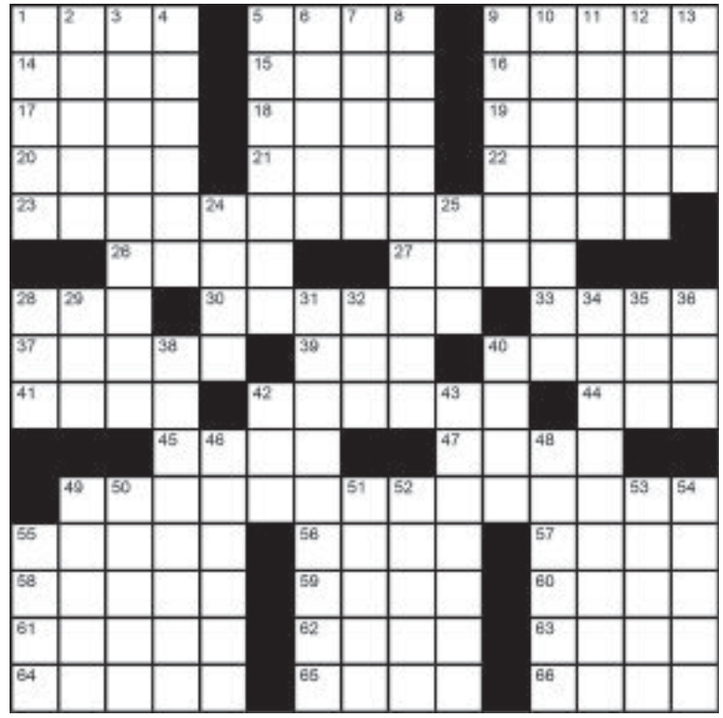
Directions
1. In a grill pan or BBQ, sear meat on both sides, then cook until desired doneness. For rare, cook to 125 F, approximately 10 minutes. Let sit for 10 minutes, then slice thinly across the grain.
2. Meanwhile in a large heated skillet, add oil and onions and sauté on a medium heat for 10 minutes, or just until tender. Add garlic and bell peppers and sauté for five minutes. Add cilantro.
3. In a small bowl, mash avocado with mayonnaise and salt until still chunky.
4. On one half of each roll, spread with avocado mash, then add sliced meat and grilled vegetables, top with other half of bun.

Nutrition per serving
- Calories 520
- Protein 31 g
- Carbohydrates 64 g
- Fibre 7 g
- Total fat 17 g
- Saturated fat 4.5 g
- Cholesterol 35 mg
- Sodium 550 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Scissors sound
5. Antarctica's Prince _ Coast
9. Guns N' Roses member
14. Sharpen skills
15. Choir member's garb
16. Name of Parks Canada's cute little beaver mascot
17. Monica Geller's brother
18. Dr. Frankenstein's helper
19. Atlantic _
20. Condo purchase
21. Some trees
22. Verbal tests
23. American general who led his men on a calamitous march on Quebec City in 1775: 2 wds.
26. Dundee's animal in movies, casually
27. Flip
28. Three Dog Night hit
30. Like a god
33. Flippant talk
37. Green/grey songbird
39. Void: French
40. Bring forth
41. Son of Garden guy Adam
42. Artificial
44. Arctic explorer John
45. To be, in ancient Rome
47. Shell
49. Fish dish popular in Manitoba: 2 wds.
55. _ blanche
56. Actress Ms. Summer
57. Lemony
58. Towards the ship's left side
59. _ _ it (Is a conspirator)
60. Hautbois
61. Frenzied
62. Hair dye
63. Skeleton part
64. Prepare mentally
65. Verbal head nods
66. Shade of blue ... or green

DOWN
1. Pruned plant
2. Nary a soul: 2 wds.
3. Phony
4. Annoy
5. Opening
6. Someone smart's specialty
7. Terminate
8. Multi-functional
9. "Nova Heart" is by what Canadian band?
10. Canada's national summer sport
11. "Is that _ _ diamond?" (Ring purchaser's query)
12. Ancient poet of Scandinavia
13. Danish writer, _ Christian Andersen (b.1805 - d.1875)
24. Extinct bird of Mauritius
25. Bird of myth
28. Latin roe
29. Calligraphy need
31. Metropolis area: 2 wds.
32. Stuff in the dog brush
34. Accommodating
35. Tasman, for one
36. _.-Julie, Quebec
38. 'E' of GE
40. Ho-hum
42. Expend
43. Specialties of SNL alum Fred Armisen
46. Draw
48. Embark: 2 wds.
49. "_ Got a Brand New Bag" by James Brown
50. Literary trope
51. "Sesame Street" puppet
52. "Bleeding Love" singer Ms. Lewis
53. Sweden's money
54. Take, thief-style
55. Kitschy

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
The way to resolve some kind of crisis is to approach it indirectly. There is no point being blunt or direct because it will only hurt others' feelings and make matters worse.

Taurus April 21 - May 21
No matter how hard you try to get along with someone it never seems to work. Isn't it about time you got the message and severed ties with them entirely? If you must, give it one last go but then call it a day.

Gemini May 22 - June 21
There will be major changes over the coming week and they will be the kind of changes you can do little about. The good news is that more enjoyable times are on their way.

Cancer June 22 - July 23
Greet the week with a smile because if you start off on the wrong foot you won't get much done. Neptune, planet of illusion and confusion, will make things look worse than they are. Don't be fooled.

Leo July 24 - Aug. 23
It's good to have high expectations but don't pass up an opportunity just because it fails to meet your stratospheric standards. The opportunity may not seem remarkable but it is what you choose to make of it.

Virgo Aug. 24 - Sept. 23
If you want others to do things for you then you'll have to do something for them. Someone will help you realize your ambitions, but not for free.

Libra Sept. 24 - Oct. 23
You may get a bit touchy if someone you thought was on your side makes a big deal out of some minor mistake you made. What you have to realize is that from their point of view it is a much bigger mistake.

Scorpio Oct. 24 - Nov. 22
You will take some kind of risk as the week begins. With Venus moving retrograde through the career area of your chart be careful you don't upset people in positions of power.

Sagittarius Nov. 23 - Dec. 21
You may have only limited control over what other people say and do but you have total control over what you say and do. Keep that in mind this week.

Capricorn Dec. 22 - Jan. 20
The planets warn this is not a good time to make major moves, especially where money is concerned. It may seem as if you are on a sure-fire winner but looks can be deceptive.

Aquarius Jan. 21 - Feb. 19
Someone in your social circle has been taking a lot of liberties of late. Let them know that enough is enough. Will it put your friendship at risk? Maybe, but rather that than they keep using you as a doormat.

Pisces Feb. 20 - March 20
Your words could have a negative effect on an important relationship. Yes, the other person is touchy but that's just the way they are, so make allowances.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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